



GLUTEN SENSITIVE LUNCH MENU

These menu options are based on the most current ingredient information from our suppliers. During normal operations involving shared cooking and preparation areas the possibility exists for food items containing gluten to come into contact with other food products. We are unable to guarantee that any menu items can be completely gluten free.

Please let us know the level of your gluten sensitivity and a manager will consult with you to ensure your exceptional dining experience.

STARTERS

DEVILED EGGS WITH SPICED PECANS & SUGAR CURED BACON...9

CRISPY POINT JUDITH CALAMARI...roast tomato & garlic butter sauces...14

SALADS

FIELD GREENS...red grape tomatoes, sun dried cranberries, dates, pine nuts, champagne vinaigrette & spiced pecans...8 blue or Laura Chenel goat cheese, add \$1

CAESAR ...hearts of romaine, baby greens & Reggiano parmesan...8

CHOPPED SALAD...mixed greens, fresh corn off the cob, tomato, scallions, Cabot aged white cheddar & buttermilk herb dressing...8

GOAT CHEESE & SPICED PECANS...field greens, sun dried cranberries, pine nuts, dates, tomatoes & champagne vinaigrette...10

MANGO CHICKEN & SPICED PECANS...mixed greens, grapes, mint, toasted almonds & sun dried cranberries w. ginger vinaigrette...16

ROAST CHICKEN...field greens, fresh corn, grape tomatoes, sun dried cranberries, dates, pine nuts, Laura Chenel goat cheese & champagne vinaigrette...16

WALDORF STEAK SALAD*...grilled filet tips, blue cheese, walnuts, apples, celery & dried cranberries w. field greens & champagne vinaigrette...19

SESAME CRUSTED TUNA SALAD*...field greens, red grape tomatoes, sticky rice & soy lime vinaigrette...20

LOBSTER CLUB SALAD...lobster salad from a fresh Maine lobster....field greens, grape tomatoes, avocado, fresh corn off the cob, bacon, a deviled egg & champagne vinaigrette...market

NAKED SANDWICHES...Gluten free bread available, add \$1

CHICKEN GRILL...havarti, sun dried tomatoes & lemon basil mayo with fries...14

CHEDDAR CHEESEBURGER*...Certified Angus Beef®, ketchup, pickles, Dijon mayo & fries...14

HICKORY BBQ BURGER*...CAB®, Tillamook cheddar, Havarti, hickory bbq sauce & fries...14

BACON CHEESEBURGER*...Certified Angus Beef®, pecanwood smoked bacon, American cheese, wicked sauce & fries...15

SIDES

GREAT AMERICAN FRIES...4 | CAULIFLOWER MASH...4 | GRILLED BROCCOLINI...4

CREMINI MUSHROOMS...4 | SWEET POTATO FRIES...5 | TODAY'S FRESH VEGETABLE...4

BRUSSELS SPROUTS W. BACON & SPICED PECANS...5

*May contain raw or undercooked ingredients. Written information is available on request regarding these items.

121319-09L



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FROM THE PAN

LOUISIANA PASTA...chicken with crispy andouille sausage and gluten free penne pasta in a spicy Creole sauce...18 add shrimp...\$4

CRISPY FISH TACOS...habanero slaw & corn tortillas with sweet potato fries... three for 15, two for 12

FROM THE GRILL

FRESH GRILLED FISH...the best available, hand cut daily...asparagus & cauliflower mash...market

GRILLED CHICKEN...with thin green beans, cremini mushrooms & brown butter on gluten free penne pasta...17

SIMPLY GRILLED FILET MIGNON*...cremini mushrooms & grilled broccolini...8 oz...28, 6 oz...24

KIDS UNDER 12...served with fountain soda, milk, juice or lemonade

Gluten free bread available, add \$1

PENNE PASTA...gluten free penne pasta with red sauce...6

CHEESEBURGER...choice of fries, unsweetened applesauce or carrots...6

TENDERLOIN STEAK...cremini mushrooms & choice of fries, unsweetened applesauce or carrots...while it lasts...11

SWEETS

WARM FLOURLESS CHOCOLATE MACADAMIA NUT WAFFLE...vanilla ice cream...8



**BBBC, our Shirlington Bakery, offers
Gluten Sensitive Cookies**

Please let us know the level of your gluten sensitivity and a manager will consult with you to ensure your exceptional dining experience. Our staff and loved ones also have varying degrees of gluten sensitivity. We will continue to modify recipes to expand the items on this menu.

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